



Company **Profile**



**PEOPLE
DYNAMICS**

Where Potential Meets Purpose

ABOUT US

Our Why

At People Dynamics, we are committed to creating transformative spaces where individuals and organisations can unlock their true potential.

With over 22 years of experience, we provide tailored coaching and training solutions that cultivate leadership, foster growth, and inspire positive change.

Based in Johannesburg, we work with both corporates and individuals, delivering impactful results and empowering people to shape their future and inspire others along the way.

"To ignite the potential within every individual, empowering them to discover their purpose, embrace growth, and create lasting change - driving personal and collective impact that inspires others to do the same."



Our Values



Integrity



Authenticity



Fun



Excellence



Creativity



Innovation

PEOPLE DYNAMICS

What we do?

People Dynamics offers a range of tailored services designed to bring out the best in individuals and organisations, including:



Coaching:

Our personalised coaching programs provide individuals with the tools and guidance to navigate complex challenges, develop leadership skills, and achieve their goals.



Training:

We deliver result-driven training solutions that help individuals and teams enhance their capabilities, improve performance, and drive continuous development.



Consulting:

Our consulting services support organisations in optimising their talent, improving organisational culture, and creating strategies for long-term success.

How we do this?

By implementing practical and tailored coaching services that are:

- ✓ Made to fit
- ✓ Easy to access
- ✓ Person centred
- ✓ Self-paced and times – date and time flexibility
- ✓ Customised
- ✓ Client driven

With a strong foundation of emotional intelligence skills, thinking skills and building a growth mindset.

Our Track Record:

People Dynamics believes in the potential of you. Our coaching is more than a service.
It is a partnership in your success.

95%

Satisfaction
Rate

90%

Returning
Customers

6000+

Number of
Coaching Hours

75

Completed
Projects and
Counting

Some of our current and previous clients:



Who we work with?

We work with a diverse range of clients, including corporates, individuals, and entrepreneurs. Our services are tailored to meet the unique needs of each, helping organisations enhance employee performance, foster growth, and achieve business objectives, while empowering individuals and entrepreneurs to reach their full potential and drive personal and professional success.

We offer Services, Programmes and Events

Services:



From Start to Strength - Individual coaching sessions:

Book a series of sessions tailored to your specific goals and areas of focus. These sessions are action-oriented and results-driven, ensuring measurable progress and achievement.



Adhoc coaching sessions:

As life presents its challenges, these sessions are designed to help you navigate through difficult times. Book and utilise them as needed for support and guidance.



Training-through-coaching :

These group sessions help teams, groups, or families connect, learn, and share experiences. Designed with clear learning outcomes, they foster communication, collaboration, and measurable results.

Programmes:



From Passion To Purpose To Profit

Our Business and Entrepreneur Development Coaching Programme is designed to help you unlock your full potential, both personally and professionally.

Over ten months, you will receive focused coaching on key business elements, including leadership, strategy, operations, team dynamics, critical thinking and analytics, time and task management, delegation, communication, sales, negotiations, marketing, and financial management.

Your Professional Best Friend

This coaching support programme is designed to help you or your team navigate emotions and build mental and emotional resilience.

Focusing on key coaching areas, it empowers individuals to master skills that significantly impact how you live, love, perform, think, and function. Consider it your professional best friend, offering the support needed to thrive in both personal and professional life.



Leaders Who Manage

Our Leadership Development Programme is designed for individuals seeking to balance effective leadership with the demands of management.

This programme focuses on building leadership skills, enhancing capacity, and fostering a growth mindset, resulting in practical, actionable skills in both leadership and management. Upon completion, participants will be equipped to build strong teams, inspire collaboration, delegate effectively, cultivate a culture of service, optimise performance, and create a positive impact—leading and managing in a way that is both impactful and transformative.



All our coaching programmes have the foundational elements of emotional intelligence, thinking skills and personal growth.



Dux powered by People Dynamics is our NPC sister company, offering a range of services and programmes focused on youth development. Dux provides comprehensive, wrap-around student coaching and support for individuals participating in bursaries, learnerships, apprenticeships, and internships. This programme is designed to help students and learners successfully complete their qualifications, ensuring maximum return on personal and corporate investment, ultimately enhancing employability or fostering entrepreneurship.

Additionally, Dux offers bursary management and administration services, along with a robust selection service for corporates investing in youth education. Our programmes also help companies earn BBBEE points through skills development, enterprise and supplier development, or socio-economic development.

Where we operate: Based in Johannesburg, our online services are accessible globally.

OUR YOUTH
DEVELOPMENT PARTNER





PEOPLE DYNAMICS

Meet the team!

Our team of highly trained coaches and facilitators embodies our core values of growth mindset, service, integrity, authenticity, fun, creativity, and excellence in everything we do. While each team member brings unique backgrounds, interests, and experiences, it is our diversity that enables us to connect, coach, and meet the needs of our clients, ultimately creating lasting impact. With over 65 years of combined experience in working, coaching, and developing people, the People Dynamics Team is dedicated to fostering growth and transformation.

Coaching Beyond Service – A Partnership in Your Success



☎ +27 (0) 60 656 1305

✉ info@peopledynamics.co.za

🌐 www.peopledynamics.co.za

Registered PTY (Ltd) (2019/298248/07)



✉ info@duxpd.co.za

🌐 www.duxpd.co.za

Registered NPC (2019/383599/08)

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GO